

Contents

About the Author	9
Preface - Note to the Reader	11
Warning - Disclaimer	17
Chess Symbols	18
Acknowledgements	19
Final Comments: How to take Exam	21

Exam

Sub-test 1 - Questions 1 – 10	23
Sub-test 2 - Questions 11 – 20.....	45
Sub-test 3 - Questions 21 – 30.....	67
Sub-test 4 - Questions 31 – 40.....	89
Sub-test 5 - Questions 41 – 50.....	111
Sub-test 6 - Questions 51 – 60.....	133
Sub-test 7 - Questions 61 – 70.....	155
Sub-test 8 - Questions 71 – 80.....	177
Sub-test 9 - Questions 81 – 90.....	199
Sub-test 10 - Questions 91 – 100.....	221

Tables and Charts

Introduction.	243
Instructions: How to use the Tables.....	244
Tables.....	246

Training Tips and Recommendations

Introduction.....	255
Attack: Find Your Targets and “Shoot”.....	257
Counterattack: Turning the Tables.....	261

Chess Exam and Training Guide

Defense: Various Techniques.	265
Opening: Start Your Game Right.....	268
Middlegame: Complexity is Escalating.....	272
Endgame: Maximum Result with Minimum Material.....	276
Tactics: Exciting “Explosions” on the Chessboard.....	281
Strategy: Do You Have a Plan?.....	285
Calculation: Anticipate Opponent’s Moves.....	288
Standard Positions (Endgames)	292
Sacrifice: <i>Check</i> is the Only Threat You can’t Ignore.....	297
Recognizing Threats: Be on the Alert!.....	302
Analyzing Your Own Games.....	307
Khmelnitsky’s Top-10 Training Tips	309

Afterword: What is the Next Step?	311
--	-----

Appendix 1: Recommended Chess Training Tools.....	313
Appendix 2: Index of Players and Composers.....	316
Order Form.....	319